



LAUGH, SMILE AND WHISTLE On NF 5 *(Paradise Island)*



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>9:30AM – Good Morning with Jeanese (Every other week)</p> <p>10:15 AM – Catholic Services – Recreation Hall – (Escort available)</p> <p>11:15 AM – “Let’s Chat” with Jeanese (Every other week)</p> <p>2:30 PM – Protestant Services – Recreation Hall – (Escort available)</p> <p>3:30 PM – Spirituality Circle with Norma (Every other week)</p>	<p>10:00 Bedside chats with Jeanese</p> <p>2:15 PM – Low Impact Exercise with Jeanese</p> <p>3:30 PM – “Sing Along” with Boris</p> <p>4:15 PM – “Bedside Chats” With Norma</p>	<p>10:00 AM – “Rise & Shine” with Jeanese (Every other week)</p> <p>11:15 Discussion Group with Norma</p> <p>3:45 PM – Games with Norma</p>	<p>10:45 AM – Community Poetry/Group with Norma (Every other week)</p> <p>3:15 PM – “Sit & Sip with Music” with Norma (Every other week)</p> <p>5:00 PM – Before Dinner Sing Along with Audra</p> <p>7:00PM – “Community Bingo” with Jeanese (Escort Available to NF 4)</p>	<p>10:30 AM – Bedside Chats with Jeanese (Every other week)</p> <p>10:45 AM – “Beauty Hour” with Jeanese (Every other week)</p> <p>11:30 PM – Thankful Thursday – Larson Library (Escort available)</p> <p>2:00 PM – Kick your Heels at the Social with Norma</p> <p>2:30PM – Happy Hour</p> <p>7:00PM – Community Women Only with Norma (Escort Available to NF3)</p>	<p>9:30 Bedside Chats with Norma (Every other week)</p> <p>2:45 PM – Jewish Services – Larson Library – (Escort available)</p> <p>3:30 PM – “Friday Variety” with Norma (Every other week)</p>	<p>10:00 AM – Bedside Chats with Norma (Every other week)</p> <p>10:30 AM – “Spiritual Reading” – Book Cart with Norma (Every other week)</p> <p>3:00 PM – Concert –Recreation Hall (Escort available)</p>