



## IT'S ALL HAPPENING On NF 4 (*Sunrise*)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>10:15 AM – Catholic Services –</b> Recreation Hall – (Escort available)</p> <p><b>11:30 Bedside Chats</b> with Norma (Every other week)</p> <p><b>2:30 PM – Protestant Services –</b> Recreation Hall – (Escort available)</p>	<p><b>10:30 Bedside Chat</b> with Jeanese</p> <p><b>11:00 Let's Talk</b> with Jeanese</p> <p><b>3:30 PM – Variety Hour</b> with Jeanese</p> <p><b>4:30 PM – “Sing Along”</b> with Boris</p>	<p><b>11:15 AM – Hand Spa</b> with Jeanese (Every other week)</p> <p><b>3:30 PM – “Let's Get Physical” Exercise</b> with Jeanese (Every other week)</p>	<p><b>10:15 AM - Rise &amp; Shine</b> with Norma (Every other week)</p> <p><b>11:00 AM – Community Choir</b> with Audra</p> <p><b>7:00 PM – “Community Bingo”</b> with Jeanese</p>	<p><b>11:30 am – Thankful Thursday</b> – Larson Library (Escort available)</p> <p><b>2:30PM – Happy Hour</b></p> <p><b>3:30PM – “Let's Talk”</b> with Jeanese (Every other week)</p> <p><b>7:00PM – Community Women Only</b> with Norma (Escort Available to NF3)</p>	<p><b>9:30 AM – Bedside Chats</b> with Norma or Jeanese</p> <p><b>10:45 AM – “Spirituality thru Reading &amp; Music”</b> with Jeanese</p> <p><b>11:00 Music</b> with Audra (Every other week)</p> <p><b>2:00 pm – Chat Time</b> with Norma (Every other week)</p> <p><b>2:45 pm – Jewish Services</b> – Library – (Escort available)</p>	<p><b>10:00 AM – Bedside Chats</b> with Norma (Every other week)</p> <p><b>10:30 am – For Your Reading Pleasure “Book Cart”</b> with Jeanese (Every other week)</p> <p><b>3:00 pm – Concert</b> – Recreation Hall (Escort available)</p> <p><b>3:00 pm – Exploring the World through our Senses</b> with Audra</p>